

## FALL 2017

## STAFF

## SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00					
9:00					
10:00					
11:00	OPEN 9:00-1:45	CLASS 11:00-12:15	OPEN 9:00-1:45	CLASS 11:00-12:15	
12:00					
1:00		OPEN 12:30-1:45		OPEN 12:30-1:45	
2:00	CLASS 2:00-3:00		CLASS 2:00-3:00		
3:00					OPEN 1:30-5:00
4:00		OPEN 3:30-5:30		OPEN 3:30-5:30	
5:00					
6:00					
7:00					
8:00					

THIS SCHEDULE IS SUBJECT TO CHANGE. THE UPDATED SCHEDULE IS ALWAYS POSTED ON FREDERICK.EDU UNDER "HOURS OF OPERATION" [LOCATED AT THE BOTTOM OF THE WEBSITE]

\*\*\*\*YOU MAY NOT USE THE WEIGHT ROOM DURING CLASS TIMES\*\*\*\*

\*\*\*\*YOU MAY NOT USE THE WEIGHT ROOM OUTSIDE OF THE OPEN HOURS\*\*\*\*