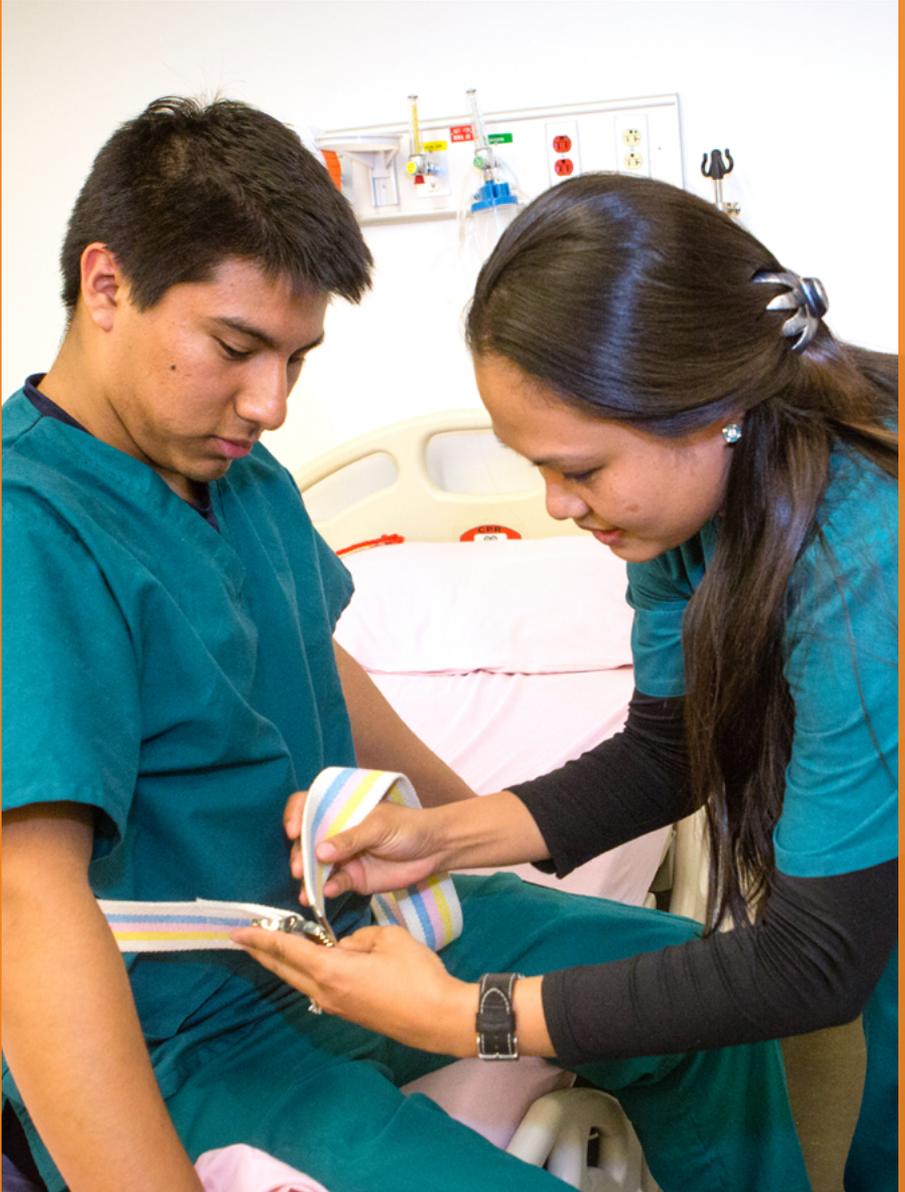


CONTINUING EDUCATION & WORKFORCE DEVELOPMENT

# CERTIFIED NURSING ASSISTANT



**Program Contact:**

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# Certified Nursing Assistant

*Nursing assistants, sometimes called nursing aides, help provide basic care for patients in hospitals and residents of long-term care facilities, such as nursing homes. They are frequently physically active and may need to help lift or move patients. Nursing assistants provide basic care and help patients with activities of daily living, such as bathing, eating, and dressing. They also measure patients' vital signs, such as blood pressure and temperature, listen to and record patients' health concerns and report information to nurses.\**

## The Program

Today's expanding health care industry is creating an ever-increasing demand for highly-qualified personnel. Frederick Community College offers proven and trusted health care & wellness career training programs featuring a wide range of opportunities, from initial industry introduction to advanced hands-on clinical experience.

FCC's Certified Nursing Assistant program, approved by the Maryland Board of Nursing (MBON), includes basic study in anatomy and physiology, medical ethics and law, infection control, medical terminology, care of the older person, body mechanics and transferring, common health issues, disease processes, confusion or dementia care, patient care skills and more.

## Training Period

3-5 months (48 hours in prerequisite courses, 165 hours in CNA program) – FCC's Certified Nursing Assistant evening program is approximately 15 weeks and the daytime "boot camp" version of the program is approximately 7 weeks.

## Academic Requirements

Students must be 18 years of age or older at the time of registration and must meet EN 52 or ESL 99 placement requirements (free placement tests are available through the FCC Testing Center).

Students must also register for the following prerequisites at the time of CNA course registration (or have successfully completed these courses in a previous semester):

CAH 144: Introduction to Healthcare Careers  
CAH 143: Introduction to Allied Health Skills

## Health Requirements

Students are required to provide the results of a physical examination indicating the student does not have physical limitations to perform work as a CNA. Provide proof student does not have TB disease along with a copy of immunization records are required. Students must also undergo a criminal background investigation and fingerprinting process (costs for both the background check and fingerprinting are included in course fees.)

## CPR requirements

Students must successfully complete SAF 112: American Heart Association (AHA) CPR Healthcare Provider or present current CPR card reflecting completion of AHA CPR Healthcare provider class prior to entering the CNA clinical course.

## Program Costs

Actual costs vary for in-county and out-of-county residents. FCC provides a tuition payment plan for most programs. Scholarship and loan assistance may be available for eligible students. Contact the FCC Office of Adult Services at 301.846.2483. Visit us on campus or online at [www.frederick.edu](http://www.frederick.edu) for updated course schedules, tuition and fee information.

## Program Preparation and Testing

The program requires study time outside the classroom in addition to written and practical exams. Students must effectively demonstrate theoretical knowledge and hands-on competency throughout each course in order to be accepted into the clinical practicum section of the program.



visit [www.frederick.edu](http://www.frederick.edu)

## Estimated Salaries\*

Employment of nursing assistants is projected to grow 18 percent from 2014 to 2024, much faster than the average for all occupations. As the baby-boom population ages, many nursing assistants will be needed to assist and care for elderly patients in long-term care facilities, such as nursing homes. More nursing assistants will be needed to care for patients with these conditions. Job prospects for nursing assistants who have completed a state-approved education program and passed their state's competency exam should be good, particularly in home healthcare services and community-based care settings.

The median annual wage for nursing assistants was \$25,100 in May 2014. The lowest 10 percent earned less than \$18,790, and the highest 10 percent earned more than \$36,170. There were 26,520 CNA positions in Maryland in May 2014, earning a mean income of \$28,740.

*\* Source: Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook, 2016-17 Edition, Nursing Assistants*

## CNA Clinical Practicum

During a 45-hour supervised clinical rotation at a local nursing facility, students are supervised and evaluated by experienced RN instructors while performing nursing assistant tasks and interacting with residents and staff. This opportunity must be successfully fulfilled in order to complete the CNA program and apply for certification with the Maryland Board of Nursing.

## Upon Successful Completion of FCC's CNA Program

Students are prepared for the state CNA exam with the Maryland Board of Nursing. Students are also prepared for the National Geriatric Nursing Assistant (GNA) exam with the American Red Cross (which may transfer to additional states). CNA and GNA testing, application submission and fees are included as part of the CNA program.

## Browse all classes online at [frederick.edu/Quick Enroll](http://frederick.edu/QuickEnroll)

Courses requiring prerequisites and/or program manager approval may not be available for online registration. Please see course details for complete information and registration guidelines.

**For more information on the Certified Nursing Assistant program:**

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# CNA/GNA PREREQUISITE AND PROGRAM COURSES

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<b>Prerequisite Courses</b>		<b>Hours</b>
CAH 144	Introduction to Health Care Careers .....	24
CAH 143	Introduction to Allied Health Skills.....	24

<b>CNA Program Courses</b>		<b>Hours</b>
CAH 132	Certified Nursing Assistant Part 1: Theoretical Application.....	60
CAH 133	Certified Nursing Assistant Part 2: Practical Application.....	60
CAH 114	Certified Nursing Assistant: Clinical Practicum.....	45

**FCC Main Campus • 7932 Opossumtown Pike • Frederick, MD, 21702 • 301.846.2400**

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