

FALL 2018 STAFF SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00					
9:00		OPEN 9:00-11:00		OPEN 9:00-11:00	OPEN 9:00-5:30
10:00					
11:00		CLASS 11:00-12:15	OPEN 9:00-2:00	CLASS 11:00-12:15	
12:00					
1:00	OPEN 12:30-2:00				
2:00	CLASS 2:00-3:00	OPEN 12:30-5:30	CLASS 2:00-3:00	OPEN 12:30-5:30	
3:00					
4:00	OPEN 3:00-5:30		OPEN 3:00-5:30		
5:00					
6:00					
7:00					
8:00					

THIS SCHEDULE IS SUBJECT TO CHANGE. THE UPDATED SCHEDULE IS ALWAYS POSTED ON FREDERICK.EDU UNDER "HOURS OF OPERATION" [LOCATED AT THE BOTTOM OF FCC'S WEBSITE]

****YOU MAY NOT USE THE WEIGHT ROOM DURING CLASS TIMES****

****YOU MAY NOT USE THE WEIGHT ROOM OUTSIDE OF THE OPEN HOURS****

****YOU MAY NEVER WORK OUT ALONE****

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