



Lifelong LEARNING

Fall 2021 • Frederick Community College



Lifelong LEARNING

Events and **experiences** for inquisitive minds.

Welcome to Lifelong Learning at Frederick Community College. This program offers courses of all types for all ages. It's a special assortment of old favorites and new requests. For 2021, we have assembled the most in-demand classes, events, and experiences, based on the feedback of our community.

From whiskey tastings to watercolor, the 2021 lineup of Lifelong Learning courses is an opportunity for you to discover something new, revisit a favorite hobby, or share a memorable experience with friends and family members. All courses are delivered by expert instructors who provide hands-on learning, doing, and growing opportunities for every participant. Browse 2021 offerings to find a learning experience for you.

Courses for personal enrichment, artistic growth, and self-discovery.

Learn more and sign up at frederick.edu/lifelong.

Contact 301.624.2888 or CEInfo@frederick.edu for registration questions or more information.

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FCC is working to increase the number of in-person classes while continuing to comply with public health and safety standards. Classes will be offered using the following learning formats:

In-Person Courses*

The course will meet on campus in an in-person environment.

Students are expected to attend all class sessions in person.

All College health and safety protocols should be observed while on campus.

Online Courses (ONL)

The course is entirely online.

The class does not meet at a scheduled time.

Students will meet all expected deadlines and expectations outlined by the professor.

Students complete work on their own time.

Structured Remote Courses (SR)*

The course is entirely online with scheduled class times.

Scheduled class times will be used for real-time virtual sessions, which may include virtual lectures, group discussion, or other class activities.

Real-time virtual sessions will occur a minimum of once per week during scheduled class times. Scheduled real-time virtual session dates will be designated on the syllabus.

Students are expected to attend real-time virtual sessions. However, these sessions will be recorded and made available for students unable to attend.

If graded assessments are provided during a real-time virtual session, students not in attendance will be provided an opportunity to make up work or be provided with a comparable alternative assessment without penalty.

Hybrid Remote Courses (HYR)*

The course requires in-person and virtual participation.

In addition to participating in real-time virtual sessions, students will be expected to come to main campus, clinical sites, or the Monroe Center for in-person class sessions during the scheduled time. In-person and real-time virtual session meeting dates will be designated on the syllabus.

Students are expected to attend all in-person and real-time virtual sessions. Students unable to commit to regular attendance should consider courses designated as Online (ONL) and/or Structured Remote (SR).

Please contact your advisor for help or emailadvising@frederick.edu to answer any questions.

All College health and safety protocols should be observed while on campus.

* IMPORTANT NOTE FOR IN-PERSON, STRUCTURED REMOTE (SR), AND HYBRID REMOTE (HYR) COURSES

When registering for classes, consider the **course format, meeting dates and times, and location(s)** for in-person participation, as well as requirements for real-time virtual instruction. Students must allow appropriate transition times between classes to account for different meeting requirements and/or locations.

For the most current information regarding course offerings, visit frederick.edu/schedules.

ARTS & CRAFTS

Introduction to Voiceovers (SR)

Drawing for Beginners

Foundations Of Watercolor

Happy Little Trees: The Bob Ross Painting Class

Bob Ross Landscape Technique Series

Drawing for the Absolute Beginner (ONL)

NEW!



IMPROVE YOUR DELIVERY

Introduction to Voiceovers (SR)



Wow, you have a great voice!" Have you heard that more times than you can count? Or maybe you listen to your favorite audiobooks, commercials, or cartoon characters and think, "I could do that!" Want to earn income using your talents from the comfort of your home? If so, then you could have what it takes to begin working as a professional Voiceover Artist. Explore the voiceover industry with your instructor, a professional, working voice actor from the voice acting training company, Voices For All, in a one-on-one, personalized, video chat setting. Discover the current trends in the industry and how easy and affordable it can be to learn, set up and work from home. In this one-time, 90-minute, introductory class, you'll also learn about the different types of voiceovers and the tools you'll need to find success. Your instructor will record you as you read a real script, then offer you some coaching so you can improve your delivery. Your instructor will take notes on your performance and create a professional voiceover evaluation delivered to you in a follow up call. After the class, you will have the knowledge necessary to help you decide if this is something you'd like to pursue. You owe it to yourself to finally explore the possibilities of this fun and rewarding field! Upon registration you will be contacted by VFA to schedule your class for a day and time of your convenience.

Online • \$99

This **Open Ended/Structured Remote Course** is entirely online and scheduled at your convenience. Someone will contact you no later than a week from the date you register to arrange a date and time for your one-on-one course. The course does meet as a real-time online session during the class time scheduled with the instructor. Students must be able to access the course from your own computer/tablet using a link that will be emailed to you prior to the course start.



FRAME OF MIND

Drawing for Beginners

Instructor:
Jeanne McDermott

Basic drawing techniques will be taught, including shading, perspective, use of light and darkness (value), and composition and texture. You will learn about pencil types and paper as well. Students will be required to purchase special pencils and paper prior to the start of the course. Specifics will be provided one week prior to the beginning of the course. This course will show you that drawing is both fun and therapeutic.

Students complete each of four sessions.

October 14 | October 21 | October 28 | November 4

Thursdays • 9:30 - 11:00 a.m. • Visual & Performing Arts Center/F118 • \$62

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.

OCTOBER
14



MAKE A SPLASH

Foundations of Watercolor

Instructor:
Jennifer Littleton

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This course is created to provide a strong foundation of knowledge of realistic watercolor theory and practice through discussion, demonstration, and practice. Students will learn how to select an appropriate image to paint from and how to do an accurate preliminary drawing. They will learn how to transfer the drawing onto the watercolor paper and how to pre-wet it. In addition, they will execute extensive test sheets of flat washes with flat and round brushes. While utilizing these skills, students will complete one monochromatic painting. Returning students will continue to learn and develop their color theory skills through demonstrations and exercises while completing a full color painting. A list of supplies will be provided prior to the class start date.

Students complete each of six sessions.

October 26 | November 2 | November 9 | November 16 | November 30 | December 7

No Class: November 23

Tuesdays • 3:30 - 6:00 p.m. • Visual & Performing Arts Center/F118 • \$149

This **In-Person Course** is taught at a designated on-campus location during a scheduled time. To learn more about this class and instructor, please visit the website www.JMLittletonart.com.

OCTOBER
26



HAPPY LITTLE TREES

Bob Ross Painting

Instructor:
Denise Sullivan

You've seen him before. He's the soft-spoken guy who paints happy clouds, mountains, and trees in about 26 television minutes using big, house painting-type brushes while cooing "you can do it" to the audience. His Joy of Painting program is the most recognized, most watched TV art show in history. Although Bob Ross is no longer with us, a Bob Ross certified instructor will teach you the magic behind painting happy little trees when you recreate one of Bob's masterpieces in this five-hour class. All materials including brushes, Bob Ross paints, and canvases will be provided. Class will take a 30-minute lunch break so be sure to bring a packed lunch.

Choose from three available sections.

September 18 | October 23 | November 20

Saturday • 10:00 a.m. - 4:00 p.m. • Visual & Performing Arts Center/F118 • \$99

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.

SEPTEMBER

18

OCTOBER

23

NOVEMBER

20



PERFECT YOUR **TECHNIQUE**

Bob Ross Landscape Technique Series

Instructor:
Denise Sullivan

Using Bob Ross techniques, you'll be given the opportunity to focus on fewer skills with these shorter sessions. Concentrate on a specific technique and then practice it between sessions for better results as you work towards completing your painting. Care of equipment will be taught. Students will be provided a list of supplies prior to class. Easel and canvas will be provided.

Register for individual skills courses or take the entire series of classes for a discount.

Choose from five available sessions.

September 13 (Skies) | September 20 (Mountains) | September 27 (Trees, Foliage, and Grass)

October 4 (Water, Reflections, and Buildings) | October 25 (Simple Painting Using Techniques Learned)

Monday • 6:00 - 8:00 p.m. • Visual & Performing Arts Center/F118 • \$29

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.

SEPTEMBER

13

SEPTEMBER

20

SEPTEMBER

27

OCTOBER

4

OCTOBER

25



FRESH PERSPECTIVE

Drawing for the Absolute Beginner (ONL)



Have you always been interested in drawing, but never really knew how to get started? If so, this is definitely the course for you! Gain a solid foundation and understanding of the basics to drawing and become the artist you've always dreamed you could be. You'll become intimately familiar with paper types, drawing styles, rendering techniques, and the basic principal of perspective, layout, design, lighting, volume, and space. If you have an interest in learning what it's like to draw or would love to increase your current knowledge in the field of art and illustrating, then this course aims to fulfill all of your needs.

Twelve Sessions: Students complete new lessons as they are released.

Choose from four available sections.

September 15 - October 22 | October 13 - November 19

November 17 - December 24 | December 15 - January 21

Online • 24/7 • \$129

This **Online Course (ONL)** is entirely online.
The course does not meet at specific times.

SEPTEMBER

15

OCTOBER

13

NOVEMBER

17

DECEMBER

15

FOOD & DRINK

A Taste of Asia - Mongolian Beef (SR)

A Taste of Asia - General Tso's Chicken (SR)

A Taste of Asia - Chicken Lettuce Wrap (SR)

Maryland Whiskey 101

NEW!



TASTE OF ASIA

Mongolian Beef (SR)



Instructor:
Stuart Woo

Join us as we travel the Far East and are introduced to various Asian cuisines from China, Japan, Thailand, Malaysia, and Vietnam both traditional and Americanized. Our chef will demonstrate how easy and simple these Asian dishes are to make. We'll venture into new types of vegetables and learn about stir frying, sauces, and cutting and slicing techniques. Students will also participate in Asian food trivia. This course is very interactive; our time together will fly by as you learn how to cook new dishes. A list of ingredients and other preparations will be provided prior to the start of the class.

Please note that this course is a cooking demonstration and is best experienced by watching the chef explain techniques and methods so that you may properly cook the dishes during another time rather than attempting to cook during the course.

September 14 | Tuesday • 3:30 - 5:30 p.m. • Online • \$29

SEPTEMBER

14

This **Structured Remote Course** is entirely online. The course does meet as a real-time online session during the scheduled class time. This course is offered in an online format only. Students must be able to access the course from your own computer/ tablet using a link that will be emailed at least one business day prior to the course start.

NEW!



TASTE OF ASIA

General Tso's Chicken (SR)



Instructor:
Stuart Woo

Join us as we travel the Far East and are introduced to various Asian cuisines from China, Japan, Thailand, Malaysia, and Vietnam both traditional and Americanized. Our chef will demonstrate how easy and simple these Asian dishes are to make. We'll venture into new types of vegetables and learn about stir frying, sauces, and cutting and slicing techniques. Students will also participate in Asian food trivia. This course is very interactive; our time together will fly by as you learn how to cook new dishes. A list of ingredients and other preparations will be provided prior to the start of the class.

Please note that this course is a cooking demonstration and is best experienced by watching the chef explain techniques and methods so that you may properly cook the dishes during another time rather than attempting to cook during the course.

October 13 | Wednesday • 3:30 - 5:30 p.m. • Online • \$29

This **Structured Remote Course** is entirely online. The course does meet as a real-time online session during the scheduled class time. This course is offered in an online format only. Students must be able to access the course from your own computer/tablet using a link that will be emailed at least one business day prior to the course start.

OCTOBER

13

NEW!



TASTE OF ASIA

Chicken Lettuce Wrap (SR)



Instructor:
Stuart Woo

Join us as we travel the Far East and are introduced to various Asian cuisines from China, Japan, Thailand, Malaysia, and Vietnam both traditional and Americanized. Our chef will demonstrate how easy and simple these Asian dishes are to make. We'll venture into new types of vegetables and learn about stir frying, sauces, and cutting and slicing techniques. Students will also participate in Asian food trivia. This course is very interactive; our time together will fly by as you learn how to cook new dishes. A list of ingredients and other preparations will be provided prior to the start of the class.

Please note that this course is a cooking demonstration and is best experienced by watching the chef explain techniques and methods so that you may properly cook the dishes during another time rather than attempting to cook during the course.

November 18 | Thursday • 3:30 - 5:30 p.m. • Online • \$29

This **Structured Remote Course** is entirely online. The course does meet as a real-time online session during the scheduled class time. This course is offered in an online format only. Students must be able to access the course from your own computer/tablet using a link that will be emailed at least one business day prior to the course start.

NOVEMBER

18



SOMETHING STRONG

Maryland Whiskey 101

Instructor:
McClintock Distilling

We're teaming up with McClintock Distilling to give you a beginner guide to everyone's favorite nutty, oaky, and smoky spirit - whiskey! You'll learn how whiskey is made, the different types, and the history of the barrel aging process. This class will have a special focus on Maryland Rye Whiskey and what makes it so special.

October 21

Thursday • 7:00 - 9:00 p.m. • McClintock Distilling • \$34

Must be 21 to register.

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.

OCTOBER

21

HOME & HOBBY

The Homesteading Series: Pressure Canning

The Homesteading Series: Freezing

The Homesteading Series: Putting Your Garden to Bed

Introduction to Metalsmithing

Jewelry Soldering Workshop

Introduction to Fold-Forming Jewelry

Iris Paper Folding - Fall Leaves

Iris Paper Folding - Birds

Beginning Calligraphy: Italic

Continuing Calligraphy

DIY Home Maintenance for Beginners

Creating a Family Emergency Plan

Introduction to Interior Design (ONL)



NEW!

PRACTICAL SUSTAINABILITY

The Homesteading Series: Pressure Canning

Instructor:
Don Ludke

We no longer live in a time when we can be totally self-sufficient, we can only be “practically” self-sufficient and sustainable. This multi course series is designed to prepare a family to “practically” provide sufficient food from a medium sized suburban home garden, a not-for-profit homestead, or a small farm. The series includes elements of composting, food preservation, caring for small animals, reducing energy consumption, and living a lifestyle in a more responsible way. The single topics will address many of the questions and issues you may have in pursuing such a lifestyle.

September 15

Wednesday • 6:30 - 8:30 p.m. • Conference Center/E125 • \$19

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.

SEPTEMBER

15



NEW!

PRACTICAL SUSTAINABILITY

The Homesteading Series: Freezing

Instructor:
Don Ludke

We no longer live in a time when we can be totally self-sufficient, we can only be “practically” self-sufficient and sustainable. This multi course series is designed to prepare a family to “practically” provide sufficient food from a medium sized suburban home garden, a not-for-profit homestead, or a small farm. The series includes elements of composting, food preservation, caring for small animals, reducing energy consumption, and living a lifestyle in a more responsible way. The single topics will address many of the questions and issues you may have in pursuing such a lifestyle.

September 30

Thursday • 6:30 - 8:30 p.m. • Conference Center/E125 • \$19

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.

SEPTEMBER

30



NEW!

PRACTICAL SUSTAINABILITY

The Homesteading Series: Putting Your Garden to Bed

Instructor:
Don Ludke

We no longer live in a time when we can be totally self-sufficient, we can only be “practically” self-sufficient and sustainable. This multi course series is designed to prepare a family to “practically” provide sufficient food from a medium sized suburban home garden, a not-for-profit homestead, or a small farm. The series includes elements of composting, food preservation, caring for small animals, reducing energy consumption, and living a lifestyle in a more responsible way. The single topics will address many of the questions and issues you may have in pursuing such a lifestyle.

October 27

Wednesday • 6:30 - 8:30 p.m. • Conference Center/E125 • \$19

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.

OCTOBER
27



FORGE FOR FASHION

Introduction to Metalsmithing

Instructor:
Georgina Copanzzì

Master the basics of metalsmithing in this 1-day workshop. Learn how to use a torch, sawing, hammering plus other texture techniques to apply and finish copper jewelry (to take home). Workshop includes lecture, demonstration, hands on practice and one on one instruction in the creation of your own unique designs. All tools and materials are provided. No experience necessary. Class will take a 30 minute lunch break so be sure to bring a packed lunch.

September 18

Saturday • 9:30 a.m. - 3:00 p.m. • Monroe Center/MC147 • \$79

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.

SEPTEMBER

18



RINGS & THINGS

Jewelry Soldering Workshop

Instructor:
Georgina Copanzzì

Ready to tackle a new skill or take your current jewelry arts to the next level? This class was created so students may become comfortable with a torch. The curriculum covers the “how” and “why” of jewelry soldering by combining an overview of the tools, techniques, and process plus hands-on practice. Each student will fabricate textured stacking rings or bangles. Safety Requirements (no exceptions): Closed-toed, low-heeled, or no-heeled shoes; comfortable “play-clothes;” no flowing sleeves or bulky fabrics; long hair must be worn in a bun or ponytail; and protective eyewear must be worn. Class will take a 30-minute lunch break so be sure to bring a packed lunch.

October 16

Saturday • 9:30 a.m. - 3:00 p.m. • Monroe Center/MC147 • \$79

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.

OCTOBER
16



FOLDED FASHION

Introduction to Fold-Forming Jewelry

Instructor:
Georgina Copanzzì

Fold-forming was invented by Charles Lewton-Brain in the late 1980s as a completely new way of forming, folding and unfolding sheet metal quickly into wonderful 3-D shapes and textures. In this five-hour fold-forming basics workshop, you'll work hands-on with the torch, hammer and anvil to learn to fold, shape and texture metal to create a unique cuff bracelet, earrings or pendant from copper sheet metal. Heat patinas will also be discussed and applied to some of your pieces. All supplies included in the course cost. No experience needed! Class will take a 30 minute lunch break so be sure to bring a packed lunch.

November 20

Saturday • 9:30 a.m. - 3:00 p.m. • Monroe Center/MC147 • \$79

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.

NOVEMBER

20



PERFECT FOLDS

Iris Paper Folding

Instructor:
Kathy Barylski

Iris Paper Folding is a wonderful technique that looks difficult but is fairly easy to master. It makes gorgeous greetings cards and can be incorporated into scrapbooking and other crafts. All materials are included in the course fee and directions are provided to you so you can create additional projects on your own.

October 12 (Fall Leaves theme)

Tuesday • 2:00 - 4:00 p.m. • Conference Center/E125 • \$29

October 20 (Birds theme)

Wednesday • 2:00 - 4:00 p.m. • Conference Center/E125 • \$29

OCTOBER

12

OCTOBER

20

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.



WHIRLS & SWIRLS

Beginning Calligraphy: Italic

Instructor:
Jodie Lide

Join us to discover the basics of the Italic hand. In this course, students will become familiar with the tools and methods of hand lettering while gaining knowledge of basic letter forms through hands-on experience. Learn the tools of the trade, practice basic lettering strokes, and leave with your own finished calligraphy piece at the end of the class! A list of supplies will be provided prior to class start date.

Students complete each of eight sessions.

August 27 | September 3 | September 10 | September 17

September 24 | October 1 | October 8 | October 15

Fridays • 10:00 a.m. - 12:00 p.m. • Visual & Performing Arts Center/F118 • \$139

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.

AUGUST
27



ADDING FLOURISH

Continuing Calligraphy

Instructor:
Jodie Lide

This class will provide an opportunity to take your calligraphy skills to the next level. You will learn to mix and apply colors, Italic style variations, and experiment with different writing tools to create colorful and expressionistic masterpieces.

Students complete each of eight sessions.

October 22 | October 29 | November 5 | November 12

November 19 | December 3 | December 10 | December 17

No Class: November 26

Fridays • 10:00 a.m. - 12:00 p.m. • Visual & Performing Arts Center/F118 • \$139

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.

OCTOBER
22



HOME SWEET HOME

DIY Home Maintenance for Beginners

Instructor:
James Thuman

If you live under a roof and four walls, this class is a must. Join us to learn the DIY maintenance skills everyone should master. Learn how to do simple drywall repair; hang a perfectly straight picture; mount a TV; locate a stud; fix leaky faucets, toilets, and drains; master the use of common tools, and so much more. Class will take a 30 minute lunch break so be sure to bring a packed lunch.

October 2

Saturday • 9:30 a.m. - 3:00 p.m. • Monroe Center/MC129 • \$99

OCTOBER

2

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.



BE PREPARED

Creating a Family Emergency Plan

Instructor:
Matthew Lynch

Hurricanes, civil unrest, global pandemics. There has never been a better time to develop an emergency plan for you and your family. Learn how to create a customized emergency plan. Topics will include how to plan, prepare, and respond to different types of emergencies and disasters, what types of supplies are necessary, how to make the decision between when to shelter in place or evacuate, and how to acquire supplies and create an effective plan on a budget. Attendees will be given both templates and supply lists and will work on their individualized plan during the course.

October 27

Wednesday • 6:00 - 9:00 p.m. • Student Center/H210 • \$29

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.

OCTOBER
27



DECORATING YOUR WAY

Introduction to Interior Design (ONL)



Discover how to transform plain living spaces into beautiful and functional rooms. Interior design takes training as well as talent, and these lessons will give you the know-how you need to design a room from floor to ceiling. Delve into color theory, industry trends, spatial arrangements, floor plans, traditional and modern interior design ideas, and other basics. Because interior design is constantly evolving, you'll also learn about some of the latest trends affecting the industry. Your new knowledge and hands-on practice will give you the confidence you need to start creating beautiful residential interiors for yourself and others.

Twelve Sessions: Students complete new lessons as they are released.

Choose from four available sections.

September 15 - October 22 | October 13 - November 19

November 17 - December 24 | December 15 - January 21

Online • 24/7 • \$129

This **Online Course (ONL)** is entirely online.
The course does not meet at specific times.

SEPTEMBER

15

OCTOBER

13

NOVEMBER

17

DECEMBER

15

LANGUAGES

Basic Conversational Spanish

Continuing Conversational Spanish

Speed Spanish (ONL)

Speed Spanish II (ONL)

Introduction to the Italian Language

Instant Italian (ONL)

Beginning Conversational French (ONL)

Discover Sign Language (ONL)



¿HABLAS ESPAÑOL?

Basic Conversational Spanish

Instructor:
Angelina Garcia

Develop skills needed to communicate orally and in writing using basic Spanish. Practice what you are learning by participating in class conversations and completing classroom and homework assignments based on the textbook exercises. This is a class for those who need to communicate in Spanish and understand Spanish culture.

Students complete each of eight sessions.

September 14 | September 16 | September 21 | September 23

September 28 | September 30 | October 5 | October 7

Tuesdays & Thursdays • 6:00 - 8:00 p.m. • Student Center/H205 • \$169

SEPTEMBER

14

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.



¿ESTÁS LISTO?

Continuing Conversational Spanish

Instructor:
Angelina Garcia

Continue to develop skills needed to communicate with your Spanish-speaking audience. Emphasis is placed on more advanced listening comprehension, speaking skills, pronunciation, and vocabulary acquisition. *Prerequisite:* Spanish Conversation I or basic knowledge of Spanish.

Students complete each of eight sessions.

October 19 | October 21 | October 26 | October 28

November 2 | November 4 | November 9 | November 11

Tuesdays & Thursdays • 6:00 - 8:00 p.m. • Student Center/H205 • \$169

OCTOBER
19

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.



¡QUÉ BUENO!

Speed Spanish (ONL)



Imagine yourself speaking, reading and writing Spanish. Now you can with Speed Spanish! This course is designed for anyone who wants to learn Spanish pronto. You'll learn six easy recipes for gluing Spanish words together to form sentences. In no time at all, you'll be able to go into any Spanish speaking situation and converse in Spanish.

Twelve Sessions: Students complete new lessons as they are released.

Choose from four available sections.

September 15 - October 22 | October 13 - November 19

November 17 - December 24 | December 15 - January 21

Online • 24/7 • \$129

This **Online Course (ONL)** is entirely online.
The course does not meet at specific times.

SEPTEMBER

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OCTOBER

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NOVEMBER

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DECEMBER

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¡APRENDE RÁPIDAMENTE!

Speed Spanish II (ONL)



Have you ever seen a non-native speaking Spanish fluently? Were you impressed? Would you like to become more conversational and more comfortable in Spanish-speaking situations? Now you can. Our Speed Spanish courses are unlike any other Spanish classes you may have ever taken. You'll see words, hear them pronounced properly, and be granted plenty of opportunities to practice your pronunciation. Then, you'll learn several clever recipes that you can use to glue the words together into sentences. Enroll in Speed Spanish II, and you'll see an immediate improvement in your Spanish fluency from the very first lesson.

Twelve Sessions: Students complete new lessons as they are released.

Choose from four available sections.

September 15 - October 22 | October 13 - November 19

November 17 - December 24 | December 15 - January 21

Online • 24/7 • \$129

This **Online Course (ONL)** is entirely online.
The course does not meet at specific times.

SEPTEMBER

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COSA VUOLE DIRE?

Introduction to the Italian Language

Instructor:
Dora Jaar

Explore Italian culture by learning proper basic grammar, pronunciation, vocabulary, customary greetings, and levels of formality Italian style. The course includes insight into the customs and traditions, holidays, and cultural nuances of Italy including food and meal etiquette. Also receive sightseeing recommendations and explore the country's geography and beauty from North to South. Practice what you are learning by participating in class conversations and completing classroom and homework assignments based on textbook exercises. Students are required to purchase the following book: *Practice Makes Perfect: Complete Italian Grammar, Premium, 3rd Edition* by Marcel Danesi (ISBN 978-1260463194).

Students complete each of eight sessions.

October 1 | October 8 | October 15 | October 22

October 29 | November 5 | November 12 | November 19

Fridays • 10:00 a.m. - 12:00 p.m. • Conference Center/E139 • \$169

OCTOBER

1

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.



PER FAVORE

Instant Italian (ONL)



This dynamic course will teach you how to express yourself in Italian by learning everyday words and phrases. Read, hear, and practice dialogues based on typical situations you're likely to encounter while staying in Italy. Essential words and phrases are written phonetically by using sounds that are familiar to you from English words. The course audio feature lets you hear the words and phrases spoken aloud with just a click of your mouse. You'll be pleased at how quickly this course helps you build your skills, and prepares you for your next adventure in Italia.

Twelve Sessions: Students complete new lessons as they are released.

Choose from four available sections.

September 15 - October 22 | October 13 - November 19

November 17 - December 24 | December 15 - January 21

Online • 24/7 • \$129

This **Online Course (ONL)** is entirely online.
The course does not meet at specific times.

SEPTEMBER

15

OCTOBER

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NOVEMBER

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DECEMBER

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PARLEZ-VOUS FRANÇAIS?

Beginning Conversational French (ONL)



This course will teach you how to communicate easily and comfortably with those who speak French. You'll learn practical, common phrases that will make your trip to the many French-speaking regions of the world more pleasant. Each lesson introduces a scenario, presented in short dialogues. You'll be able to practice and learn both sides of the conversation, so you'll easily understand and expect common responses. Every lesson also has cultural tips, which will make you more comfortable in a foreign setting. You'll be pleased with your quick progress, and you'll be prepared for your next trip!

Twelve Sessions: Students complete new lessons as they are released.

Choose from four available sections.

September 15 - October 22 | October 13 - November 19

November 17 - December 24 | December 15 - January 21

Online • 24/7 • \$129

This **Online Course (ONL)** is entirely online.
The course does not meet at specific times.

SEPTEMBER

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DECEMBER

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LEARN TO SIGN

Discover Sign Language (ONL)



It's truly amazing that we can communicate just by using our hands! Add different facial expressions, and you have a conversation - the language of Deaf people. You'll begin with an introduction to the language itself, and learn to create the signs for numbers. You'll also master the sign alphabet so you can fingerspell proper names. Throughout, you'll learn by watching videos that demonstrate how to make the signs and how to incorporate facial expressions to communicate in this beautiful language. By the end of the course, when you meet a Deaf person, you'll be ready to sign!

Twelve Sessions: Students complete new lessons as they are released.

Choose from four available sections.

September 15 - October 22 | October 13 - November 19

November 17 - December 24 | December 15 - January 21

Online • 24/7 • \$129

This **Online Course (ONL)** is entirely online.
The course does not meet at specific times.

SEPTEMBER

15

OCTOBER

13

NOVEMBER

17

DECEMBER

15



PHOTOGRAPHY

Getting the Best From Your Digital Camera

Getting From Good to Great (SR)

Digital Photo Management for Photographers (SR)

Photographing Nature with Your Digital Camera (ONL)

Introduction to InDesign CC (ONL)

Introduction to Lightroom CC (ONL)



IN A SNAP

Getting the Best From Your Digital Camera

Instructor:
Howard Clark

In this class we will cover the fundamentals of how your camera works. We'll abandon the auto and program modes and learn how the three major functions (aperture, shutter speed, and ISO settings) work. Particular attention will be given to how they influence one another and how you can determine which one is most important for getting the picture you want. We will review secondary level settings such as resolution, color space, metering modes, white balance, and more. You'll also learn about techniques and accessories that can help you produce even better photos.

Students complete each of three sessions.

October 16 | October 23 | October 30

Saturdays • 10:00 a.m. - 12:00 p.m. • Conference Center/E134 • \$69

This **In-Person Course** is taught at a designated on-campus location during a scheduled time.

OCTOBER
16



PICTURE THIS

Getting From Good to Great (SR)



Instructor:
Howard Clark

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This course illustrates how visible elements like composition or the effects of weather, the time of day, or your point of view can strengthen your photos. Ways your images can benefit from subjective elements like humor, mystery, or surprise will be explained. The first class ends with a look at high-quality images and a discussion by students on what elements may have contributed to the success of those photos. Later, students will submit photos that demonstrate the application of these elements and obtain a professional critique. The focus of this course is on capturing images not on processing them.

Students complete each of two sessions.

November 16 | November 23

Tuesdays • 7:00 - 9:00 p.m. • Online • \$39

This **Structured Remote Course** is entirely online. The course does meet as a real-time online session during the scheduled class time. This course is offered in an online format only. Students must be able to access the course from your own computer/ tablet using a link that will be emailed at least one business day prior to the course start.

NOVEMBER

16



FILES ORGANIZED

Digital Photo Management for Photographers (SR)



Instructor:
Howard Clark

Learn how to use file management software to import, name, arrange, and safely store thousands of images. Also learn how to add key words and other data that will allow you to find a particular image. Students will eventually need to acquire a commercial file management/editing application such as ACDSee Photo Studio, Corel AfterShot Pro, Skylulm Luminar, or Adobe Lightroom. The various applications will be discussed.

December 7

Tuesday 7:00 - 9:00 p.m. • Online • \$19

DECEMBER

7

This **Structured Remote Course** is entirely online. The course does meet as a real-time online session during the scheduled class time. This course is offered in an online format only. Students must be able to access the course from your own computer/tablet using a link that will be emailed at least one business day prior to the course start.



CAPTURE BEAUTY

Photographing Nature with Your Digital Camera (ONL)



Nature photography can be a fun, relaxing, and exciting hobby! Learn about the many aspects of outdoor photography as well as how to master your digital camera's controls and features. Explore composition and lighting issues and find out how to take beautiful photos of landscapes, flowers, trees, and water. Along the way, delve into your camera's shutter speed and aperture controls so that you'll be able to capture the photos you really want. Discover how to use your computer to process your photos and digitally correct the most common problems. See how your photos can become works of art rather than just snapshots of nature.

Twelve Sessions: Students complete new lessons as they are released.

Choose from four available sections.

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November 17 - December 24 | December 15 - January 21

Online • 24/7 • \$129

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MASTERFUL GRAPHICS

Introduction to InDesign CC (ONL)



Have you ever seen a terrific-looking brochure or newsletter and wondered how it was made? Chances are the designer used Adobe InDesign CC, the industry-standard desktop publishing software now available through the Creative Cloud. The course is applicable to any version of InDesign CS4 or newer. In each lesson, we'll cover an important aspect of InDesign CC as you prepare a range of print and online products for a fictional company, Natalie's Nautical Emporium. You'll get dozens of files to work with and use the downloaded graphics, images, fonts, and other content to complete the project.

Twelve Sessions: Students complete new lessons as they are released.

Choose from four available sections.

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MANAGE YOUR IMAGES

Introduction to Lightroom CC (ONL)



Do you have a lot of images to manage? Adobe Photoshop Lightroom is a fantastic tool for digital photographers at any skill level who need to manipulate and organize photos images. This course will teach you how to use Lightroom Classic CC, Adobe's easy-to-use software that prepares, edits, and organizes photos quickly and effectively. Through hands-on exercises, you will learn to use Lightroom Classic CC like a pro and perfect your digital photos!

Twelve Sessions: Students complete new lessons as they are released.

Choose from four available sections.

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WRITER'S INSTITUTE

Beginning Writer's Workshop (ONL)

Publish and Sell Your E-Books (ONL)

Writing Essentials (ONL)



PEN TO PAPER

Beginning Writer's Workshop (ONL)



Some of the best works of fiction and nonfiction were crafted in a writer's workshop. This online course will help you write your own creative piece. Like a true writing workshop, you will learn literary techniques, peer review a classmate's work, and receive constructive criticism on your work. In addition, you will learn how to move your work from the prewriting stage to editing and final revision. You will also learn how to use literary devices, meaningful dialogue, and imagery in your different drafts. By the end of this online workshop, you will have a thoroughly developed creative writing piece. You might even be ready for publication!

Twelve Sessions: Students complete new lessons as they are released.

Choose from four available sections.

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LUCRATIVE WRITING

Publish and Sell Your E-Books (ONL)



If you can use a word processor, have a book written (or have an idea for one), and want to see your name in print, you just might have what it takes to succeed in self-publishing. This course introduces you to everything you need to know to do a professional job of turning your manuscript into a book that will help you make money on the Internet. Learn how to format your e-book and get it ready to sell through bookstores like Amazon and Apple. By the end of the course, you could have your e-book published in over 100 countries worldwide and available to libraries and book clubs.

Twelve Sessions: Students complete new lessons as they are released.

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COMMUNICATE CLEARLY

Writing Essentials (ONL)



In this course, you'll develop the skills you need to excel at business communications, express yourself clearly online, and take your creative literary talents to a new level. Whether you're hoping to get a better job, write for a blog, or publish your short story, this course will give you the writing tools you need for success. You'll improve your writing skills by learning to select strong and persuasive words, spell correctly, and choose the right punctuation. Put it all together by crafting well-written sentences, building effective paragraphs, and organizing your material logically. You'll also explore ways to make the most of e-mails and other forms of electronic communication.

Twelve Sessions: Students complete new lessons as they are released.

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GET STARTED

Learn more and sign up at frederick.edu/lifelong. Space is limited.

Contact 301.624.2888 or CEInfo@frederick.edu for registration questions or more information.
lifelonglearning@frederick.edu | 301.624.2727

Frederick Community College prohibits discrimination against any person on the basis of age, ancestry, citizenship status, color, creed, ethnicity, gender identity and expression, genetic information, marital status, mental or physical disability, national origin, race, religious affiliation, sex, sexual orientation, or veteran status in its activities, admissions, educational programs, and employment. Frederick Community College makes every effort to accommodate individuals with disabilities for College-sponsored events and programs. If you have accommodation needs, please call 301.846.2408. To request a sign language interpreter, please call 240.629.7819 or 301.846.2408 (Voice) or email Interpreting@frederick.edu. Sign language interpreters will not be automatically provided for College-sponsored events without a request for services. To guarantee accommodations, requests must be made at least five workdays in advance of a scheduled event. If your request pertains to accessible transportation for a College-sponsored trip, please submit your request at least two weeks in advance. Requests made less than two weeks in advance may not be able to be provided.

The College provides support services to students with disabilities. The specific needs of each student are considered on an individual basis. Students with disabilities are encouraged to contact the Disability Access Services (DAS) Office as early as possible after applying for admission. Reasonable accommodations, based on student request and disability documentation submitted, may be approved for classes and placement testing, if applicable. Students in need of sign language interpreting services should contact the Coordinator for Interpreting Services a minimum of two weeks prior to the beginning of classes to ensure services are in place.

Disability Access Services (DAS) | 301.846.2408 • DisabilityServices@frederick.edu
Coordinator for Interpreting Services | 301.846.2476 (Voice) • 240.575.1803 (VP) or via email at Interpreting@frederick.edu

