

# GOOD MORNING

• MARKET •

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egg	\$1.25	cal. 75
egg white	\$1.25	cal. 17
bacon (1)	\$1.05	cal. 45
turkey bacon	\$1.05	cal. 30
sausage patty	\$1.89	cal. 140
breakfast potatoes	\$1.95	cal. 160
pancake (1)	\$1.99	cal. 210
French toast (1)	\$1.99	cal. 180
cheese omelet	\$4.25	cal. 270
egg and cheese breakfast sandwich	\$3.55	cal. 370 – 540
egg, meat and cheese breakfast sandwich	\$4.75	cal. 430 – 640



add cheese	\$0.59	add cal. 50 -110
add egg	\$1.25	add cal. 90
add bacon	\$1.05	add cal. 106

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2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



made-to-order omelets \$5.25



## choose your eggs

cage-free eggs

cal. 225

egg whites

cal. 55



## choose two toppings

onions

add cal. 0

spinach

add cal. 0

green peppers

add cal. 0

cheese

add cal. 50 - 110

tomatoes

add cal. 0

mushrooms

add cal. 0



## choose one meat

Bacon (2)

add cal. 90

turkey bacon (2)

add cal. 60

sausage (1)

Add cal. 140

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