

Yes
we cater!

Frederick Community College



Planning

Ordering

Please place your order at least **72 hours** prior to your event. We will make every effort to accommodate last minute requests, but this lead time is necessary to ensure that the freshest ingredients and adequate staff are available. Orders must be confirmed the day before your event.

Custom menus

We are happy to create a custom menu including special dietary options (vegetarian, gluten-friendly, etc.).

Cancellation

We realize that emergency cancellations do occur, and we'll do our best to avoid any cancellation charges. If an order is cancelled at **least 48 hours in advance**, we can usually avoid any charges except for specially ordered food products or prepared foods that cannot otherwise be utilized. Cancellations within 24 hours will incur charges for any food, labor and other costs already incurred.

Pricing

Prices quoted are for services provided during our normal business hours of **7am to 2pm**. Arrangements can also be made for after hours catering functions at an additional charge.

Extras

Catering orders are served with quality disposable-ware. China, linens, flowers, decorations, wait staff, chef services and other custom services are also available at an additional charge, which will be quoted separately. Any unreturned catering equipment will be billed at full cost.

Cleanup

Cleanup is not included in the pricing for orders delivered on disposable-ware. If requested at the time of the order, cleanup services can be provided for an additional charge. Orders with specify service on china include cleanup in the pricing.

Payment

We **accept all major credit cards and check for payment**.

Thank you for choosing Yes We Cater! It is our pleasure to serve you.



Place your order today!
cafemanager@frederick.edu



2000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

Continental breakfast

	Price	Cal
Assorted bagels Served with butter, cream cheese and preserves	\$2.99	270-340
Fresh baked muffins Blueberry, chocolate, cranberry orange, and banana nut	\$2.99	300-420
Jumbo cinnamon buns With lemon cream cheese icing	\$2.69	470

	Price	Cal
Danish Cherry, apple cinnamon, lemon, and cream cheese	\$2.69	270-280
Fresh seasonal fruit tray	\$2.99	70
Fresh fruit and yogurt	\$3.59	270



Calories represent an average plated meal.



Breakfast



	Price	Cal		Price	Cal
Big breakfast buffet	\$8.59	770	Veggie frittata	\$8.99	370
Buttermilk biscuits, scrambled eggs, bacon, sausage, hash browns, and seasonal fruit.			A variety of fresh vegetables with eggs, topped with cheese and baked. Served with hash browns, and seasonal fruit.		
Continental breakfast	\$7.99	455	French toast casserole	\$7.99	510
Bagels, cream cheese, muffins, and fruit.			French toast with maple syrup, served with seasonal fruit.		
Breakfast sandwich buffet	\$8.99	650	Assortment of mini quiche	\$8.59	470
Freshly baked buttermilk biscuits, croissants and burritos with scrambled eggs, ham, bacon or sausage, served with hash browns, and seasonal fruit.			Broccoli and cheddar, Lorraine, and spinach and cheese quiches, served with fruit, and hash browns.		

Calories represent an average plated meal.

Deli

	Price	Cal
Build your own box lunch	\$6.99	590

Choice of bread: flaky croissant, sub roll, rye, multigrain, white, wheat, and wrap

Choice of meat: baked ham, oven roasted turkey, roast beef, tuna salad, and chicken salad

Choice of cheese: cheddar, Swiss, provolone, and American

Deli sandwich platter	\$7.99	663
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Assorted sliced deli meats and cheeses with a variety of breads, served with a choice of potato, macaroni or pasta salad, and chips.

	Price	Cal
Soup and half sandwich or salad	\$7.99	350-520

A variety of half deli sandwiches or your choice of salad with the soup of the day, served with chips.

Deli salad trio	\$8.99	415
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House made chicken, tuna and egg salad, croissants, mixed green salad, and fresh fruit.

Grilled and fried chicken salad bar	\$9.99	425
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Grilled and fried chicken served with mixed greens and a full salad bar of toppings and dressings.



Calories represent an average plated meal.



Lunch

	Price	Cal
Carolina BBQ Pulled pork barbecue, BBQ slaw, baked beans, braised greens, hush puppies, and buns.	\$8.99	721
Chicken parmesan Breaded chicken breast topped with provolone, mozzarella and marinara, linguine, garlic bread, seasonal vegetables, and tossed salad.	\$8.99	609
Beef tips Marinated sirloin, mushroom gravy, jasmine rice, sautéed vegetables, and tossed salad.	\$10.99	425
Pasta Buffet Spaghetti & bowtie pasta, meatballs, grilled chicken, grilled vegetables, Alfredo & marinara sauces, garlic bread and tossed salad.	\$9.99	841



	Price	Cal
Taco or fajita bar Mexican-style seasoned beef and braised chicken with crispy and soft tortillas, lettuce, tomato, Spanish rice, black beans, cheese, jalapenos, scallion, salsa, and black olives.	\$10.99	811
Lemon herb chicken Roasted bone-in chicken, redskin potatoes, green beans, and tossed salad.	\$8.99	436
Baked potato bar Large russet and sweet potatoes with all the fixins' - whipped butter, chili, sour cream, broccoli, bacon, cheese, and scallions.	\$8.99	816
Salmon Filet Oven-roasted salmon, grilled vegetables with pesto, garlic rice and tossed salad.	\$10.99	437
Flatbread pizza bar Your choice of grilled chicken, pepperoni or Italian sausage, four cheeses and garden vegetables, served with a tossed salad.	\$9.99	496-990

Calories represent an average plated meal.

Appetizers



	Price	Cal
Cheese tray		
Served with assorted crackers		
12" tray serves 16	\$37.99	103
16" tray serves 24	\$50.99	103
Fresh fruit tray		
12" tray serves 16	\$37.99	66
16" tray serves 24	\$50.99	66
Fruit & cheese tray		
12" tray serves 16	\$37.99	168
16" tray serves 24	\$50.99	168

	Price	Cal
Vegetable crudité tray		
12" tray serves 16	\$30.99	44
16" tray serves 24	\$44.99	44
The dips tray		
Hummus, pimento cheese, and white bean dip with pita chips		
12" tray serves 16	\$39.99	146
16" tray serves 24	\$54.99	146



Calories represent an average plated meal.



Bakery Beverages

	Price	Cal
Brownies and bars Fudge brownies, and cheesecake bars	\$2.49	263-308

Cookies Chocolate chip, white chocolate macadamia, sugar, and oatmeal raisin	\$9.99/dz	177-211
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Specialty desserts are available upon request. Please call your event coordinator to request a menu.

	Price	Cal
Fresh brewed coffee	\$11.99/pot	0
Hot cocoa	\$1.85 each	127
Assorted juice	\$2.59 each	121
Bottled water	\$2.09 each	0
Soda	\$2.19 each	96
Iced tea	\$6.99/gln	56
Lemonade	\$6.99/gln	52
Punch	\$6.99/gln	89
Tea Bags	\$1.00 each	0