

Frederick, MD-- Achieving success throughout life often depends on the choices made in the first decade of independence. The Woman to Woman Mentoring Program of Frederick County recognizes this probability and offers the opportunity of mentoring relationships for women between the ages of 18-29.

Applications are now being accepted for young women living or working in Frederick County who would welcome a personal advisor to help them navigate the challenges of setting goals, and contemplating important life choices. Mentees benefit from a mentor's guidance, support and encouragement in evaluating personal and professional goals.

Applications for mentors are also being accepted for the Woman to Woman Mentoring Program class of 2013-2014. Volunteer mentors, successful women beyond the age of 30, are needed to provide confidential, open-minded, understanding guidance. These positive, mature and responsible role models are professional women who live or work in Frederick County. They are successful in their careers and active in their community, familiar with resources available in Frederick County, and willing to commit to the relationship for one year.

The mentor and mentee meet face to face for a minimum of four hours each month from October through May. The Woman to Woman Mentoring Program staff and advisory board host monthly workshops such as goal setting, finding and defining your strengths, financial literacy, job searching tips, and general discussion sessions.

Often the question is not, "do I need a mentor," but "how do I find one?" The Woman to Woman Mentoring Program, the first public program of its kind in Frederick County, answers that question.

"The mentors also have found the experience extremely rewarding," said Tonya Hatosy-Stier, Program Coordinator. "We're looking for women who are ready to share what they have learned with the next generation. The mentors benefit as much from giving of themselves as the mentees do in receiving their mentor's wisdom."

Information and applications for participation in the program which begins in September 2013, are available online at www.womantowomanfrederick.org

For more details, contact Tonya Hatosy-Stier, Program Coordinator, @ w2wmentoring@frederic.edu or at 301-846-2556.